

Junior & Youth Girls Competitions - Rules Flowchart

Competition Rules	Year 3/4	Year 5/6	Year 7/8	Year 9/10/11
Players	12 a side no min	12 a side no min	12 a side	15 a side
Ground Size	90-110m x 50-80m	100-120m x 60-80m	110-120m x 70-100m	110-130m x 80m-110m
Use of Zones	Soft Zones reset after all stoppages	Soft Zones reset after all stoppages	No use of zones	No use of zones
Match Length	4 x 10-12 minute quarters	4 x 10-12 minute quarters	4 x 12-15 minute quarters	4 x 12-15 minute quarters
The Ball	Yellow/Pink synthetic size 2	Yellow/Pink synthetic OR leather size 2	Yellow/Pink synthetic OR leather size 3	Yellow/Pink leather size 4
Tackling	<p>Modified Wrap Tackle</p> <ul style="list-style-type: none"> • Wrap arms around player and hold feet. • Do not drop to ground. • Strictly no slinging or deliberately bringing opposition player to the ground. • Grabbing the arms is not permitted. • Players once tackled have 3 seconds to dispose of the ball. 	<p>Modified Wrap Tackle</p> <ul style="list-style-type: none"> • Wrap arms around player and hold feet. • Do not drop to ground. • Strictly no slinging or deliberately bringing opposition player to the ground. • Grabbing the arms is not permitted. • Players once tackled have 3 seconds to dispose of the ball. 	<p>Tackling is permitted as per the Laws of the Game.</p> <p>“Slinging” a player is strictly not permitted. A sling occurs when the actions of the tackler cause the player to be thrown to the ground after or during possession. A sling free kick will not be paid if the umpire deems that the tackler did not deliberately or aggressively try to throw the player to the ground.</p>	<p>Tackling is permitted as per the Laws of the Game.</p> <p>“Slinging” a player is strictly not permitted. A sling occurs when the actions of the tackler cause the player to be thrown to the ground after or during possession. A sling free kick will not be paid if the umpire deems that the tackler did not deliberately or aggressively try to throw the player to the ground.</p>
Umpiring	1 field (coach), 2 goal umpires	1 field, 2 goal umpires	1 field, 2 goal umpires	2 field, 2 goal umpires

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Out of bounds	<p>Last possession rule From a Kick or handball, a free is awarded against the player who kicked or handballed the ball across the line without it being touched by the opposition.</p> <p>If the ball goes out of bounds after no clear possession or is touched after a clear possession, the umpire will ball up 10 metres inside the boundary line.</p>	<p>Last possession rule From a Kick or handball, a free is awarded against the player who kicked or handballed the ball across the line without it being touched by the opposition.</p> <p>If the ball goes out of bounds after no clear possession or is touched after a clear possession, the umpire will ball up 10 metres inside the boundary line.</p>	<p>Last possession rule From a Kick or handball, a free is awarded against the player who kicked or handballed the ball across the line without it being touched by the opposition.</p> <p>If the ball goes out of bounds after no clear possession or is touched after a clear possession, the umpire will ball up 10 metres inside the boundary line.</p>	<p>Last possession rule From a Kick or handball, a free is awarded against the player who kicked or handballed the ball across the line without it being touched by the opposition.</p> <p>If the ball goes out of bounds after no clear possession or is touched after a clear possession, the umpire will ball up 10 metres inside the boundary line.</p>
Coaching	On field	Sideline	Sideline	Sideline
Bounces	A player can bounce the ball once.	A player can bounce the ball once.	A player can bounce the ball twice.	A player can bounce the ball twice.
Marking	Any reasonable attempt to catch the ball directly from a kick irrespective of the distance travelled.	Any reasonable attempt to catch the ball out in front directly from a kick irrespective of the distance travelled.	A mark is paid when the player catches the ball directly from a kick which has travelled a minimum distance of 10 metres.	A mark is paid when the player catches the ball directly from a kick which has travelled a minimum distance of 15 metres.
Soccering the ball	Not permitted unless accidental			
Barging	Not Allowed	Not Allowed	Not Allowed	Allowed as per laws of the game
Bumping	Not Allowed	Not Allowed	Not Allowed	Allowed as per laws of the game
Stealing/Smothering	Not Allowed	A player may attempt to snatch or steal the ball but if unsuccessful and contact is made a free kick will be awarded to the opponent.	Allowed as per laws of the game	Allowed as per laws of the game
Scoring and Awards	No Scoring, ladders or finals. No best players or goal kickers are recorded.	No Scoring, ladders or finals. No best players or goal kickers are recorded.	Scoring, ladders and finals are permitted. No best players or goal kickers are recorded.	Allowed